

INDIA CELEBRATES INTERNATIONAL YOGA DAY

BHUSHAN KOYANDE/HT

MUMBAI



LADAKH



- Lakhs across the country celebrated International Yoga Day across the country with several armed forces also pitching in.

➤ The way to leading a creative and content life is through yoga. It helps dispel tensions and mindless anxiety.

➤ The world has embraced yoga, and glimpses of this can be seen in the way the International Yoga Day is being celebrated every year.

NARENDRA MODI, PM of India

COIMBATORE



VISAKHAPATNAM

