

NDMC paints city walls with Yoga poses

OUR CORRESPONDENT

NEW DELHI: With an aim to beautify the area and spread the message of Yoga, the New Delhi Municipal Council (NDMC) has decided to paint the walls of prominent locations in New Delhi with yoga poses.

The NDMC Secretary, Chanchal Yadav inspected the pace of painting work being carried out at Uma Shankar Dikshit Marg and Rajinder Prasad Opposite Shastri Bhawan in New Delhi on Sunday.

The Council has decided to beautify the area and spread the message of Yoga. Apart



for beautification, this is also generating a lot of curiosity amongst the onlookers and buzz for the forthcoming Yoga Day. “Many students and children are volunteering along with professional artists and painting material are being provided by the Shalimar

Paints for free”, she said.

Also, she stated that this project is NDMC’s effort for making Yoga a mass movement and these are build up activities for the grand celebrations planned by NDMC for the third International day of Yoga on June, 21, to be observed at Central Park, Connaught Place.

Since yoga has been acclaimed at the International Level and had been practiced not only in India but overseas also, NDMC has decided to spread its message which works on the level of one's body, mind, emotion, and energy, she added.