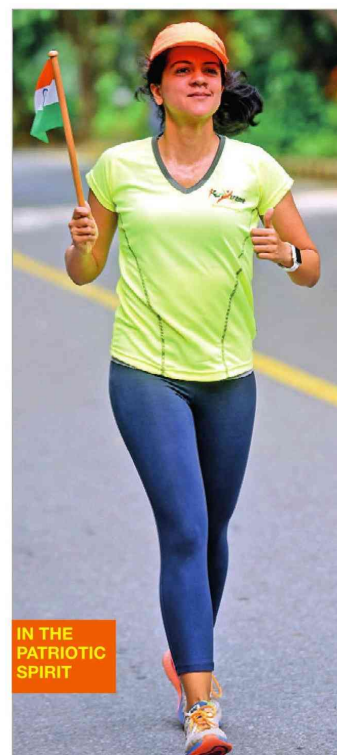


Delhi runners spend I-Day morning with Milind Soman

Pics: Ranjit Kumar

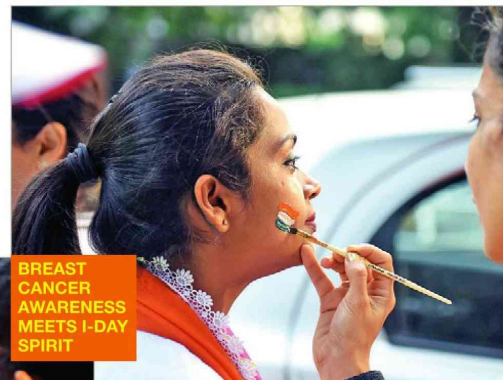


IN THE PATRIOTIC SPIRIT

HELD HIGH: Milind Soman leads the run

AN ENERGETIC START TO I-DAY: As the rays of the sun hit Delhi this Independence Day, hundreds of residents from the city started their day not in front of the TV or in bed, but out on the road. Pinkathon organized the Independence Day Run, which had over a hundred men, women, and children do a 5-km run near the Lodhi Garden area. The runners were led by Pinkathon ambassador and runner Milind Soman.

MILIND, A BOOSTER FOR NON-RUNNERS: There was plenty of excitement among the runners about the chance of getting to run with Milind, particularly among the women. Bhawna Rawat, who lives in INA Colony, told us, "I slept at 3am last night, but even then, I was up at 5 because I was just so excited for this run. It's not every day that you get a chance to run with Milind!" Priyanka Nautiyal, who travelled from Gurgaon for the run, added, "I was really excited for the run today. What better way to start the Independence Day than a run with Milind Soman himself?"



BREAST CANCER AWARENESS MEETS I-DAY SPIRIT

'SHOULD RUN EVERY DAY': Talking about the idea of running on the morning of Independence Day, Milind said, "The first step is always the hardest. We want the non-runners to take up running and that is what Pinkathon tries to do - get those who don't run regularly to get out on the streets and run. Why only Independence Day? We all should run every day."
— Abhimanyu.Mathur@timesgroup.com



An energetic kick-start to Independence Day

I SLEPT AT 3AM LAST NIGHT, BUT EVEN THEN, I WAS UP AT 5 BECAUSE I WAS JUST SO EXCITED FOR THIS RUN. IT'S NOT EVERY DAY THAT YOU GET A CHANCE TO RUN WITH MILIND!
— Bhawna Rawat

WE WANT THE NON-RUNNERS TO TAKE UP RUNNING AND THAT IS WHAT WE TRY TO DO - GET THOSE WHO DON'T RUN REGULARLY TO GET OUT ON THE STREETS AND RUN. WHY ONLY INDEPENDENCE DAY? WE ALL SHOULD RUN EVERY DAY
— Milind Soman

THE Frank SHOW
STYLE FOR A CAUSE

an ensemble of upcoming and established designers showcase their exclusive collections

DATE
August 17th - 18th 2017

TIME
11:00 am - 7:00 pm

VENUE
India Islamic Cultural Centre
87-88 Lodhi Road
New Delhi

in aid of
CONCERN
CHILDREN'S HELP FOUNDATION

CLINIC DERMATECH
LIVE POWERFULLY.

CELEBRATE THE BEAUTY OF FREEDOM!

This Independence Month
Get Freedom from
Unwanted Hair & Stubborn Fat

FLAT
50% OFF

On Laser Hair Reduction & Body Shaping

FREE
Trial Session of Laser Hair Reduction for
Chin or Upper Lip for
First 50 Callers

NOW IN FARIDABAD - CROWN PLAZA MALL
Ph.: 0129 4340506/07/08, 9870393886/87/88

SAFDARJUNG ENCLAVE 8800314443	GK-II 8800290354	DEFENCE COLONY 8800315553	PREET VIHAR 9958693892
RAJOURI GARDEN 9958693882	MODEL TOWN-II 9958693883	NOIDA-TGIP MALL 9599203723	GURGAON 9350350680

NORTH INDIA'S MOST AWARDED SKIN CLINIC ALSO IN MUMBAI AND CHANDIGARH