

YOGA IN

WOMEN AND Child Development Minister Maneka Gandhi has decided to incorporate yoga into the national nutrition mission. On Wednesday, at the meeting of the National Council of the mission, chaired by NITI Aayog Vice-Chairperson Rajiv Kumar and attended by Maneka, minister Ram Vilas Paswan among others, the WCD Ministry along with AYUSH Ministry released yoga guidelines for adolescent girls, pregnant women and lactating mothers and even for toddlers in the age group of three to six. As part of the mission branding exercise, the ministry also released caller ring tones using the tagline '*Sahi Poshan toh Desh Roshan*'.